

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Cornelis Evy HEADCOACH

Coaches: Claes Steven

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 50M BREASTSTROKE MEN 15-16			Heat:2, starttime: 09:08
Heat: 2/5 Lane : 4 Athlete: TRONCKOE KOBE			Q-time: 00:41:28
PB (50m pool): 00:50.41 Molenbeek 18/02/2024			PB (25m pool): 00:41.28 SB: no time
	5 0 M		
PB	00:50.41		
	00:50.41		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY WOMEN 17+			Heat:6, starttime: 09:18
Heat: 6/6 Lane : 5 Athlete: CIOBANU ANASTASIA			Q-time: 00:28:66
PB (50m pool): 00:28.66 Antwerpen 27/07/2025			PB (25m pool): 00:28.66 SB: no time
	5 0 M		
PB	00:28.66		
	00:28.66		
			

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 15-16			Heat:1, starttime: 09:24
Heat: 1/7 Lane : 5 Athlete: VANDE GHINSTE AMBER			Q-time: 01:27:76
PB (50m pool): 01:27.76 Antwerp 02/02/2025			PB (25m pool): 01:23.28 SB: no time
	5 0 M	1 0 0 M	
PB	00:42.01	01:27.76	
	00:42.01	00:45.75	
			

Coach feedback:

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Event number: 5: 100M BACKSTROKE WOMEN 15-16			Heat:2, starttime: 09:26
Heat: 2/7 Lane : 2 Athlete: NSUBUGA SOFIA			Q-time: 01:24:22
PB (50m pool): 01:24.22 Antwerp 02/02/2025			PB (25m pool): 01:07.98 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.58	01:24.22	
	00:40.58	00:43.64	
			

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 15-16			Heat:2, starttime: 09:26
Heat: 2/7 Lane : 6 Athlete: DE PRATER JUNO			Q-time: 01:24:18
PB (50m pool): 01:24.18 Antwerp 02/02/2025			PB (25m pool): 01:18.72 SB: no time
	5 0 M	1 0 0 M	
PB	00:41.68	01:24.18	
	00:41.68	00:42.50	
			

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 15-16			Heat:5, starttime: 09:33
Heat: 5/7 Lane : 1 Athlete: FRANCKX MARGAUX			Q-time: 01:16:86
PB (50m pool): 01:16.86 Antwerpen 13/07/2025			PB (25m pool): 01:14.36 SB: 01:19.41 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:37.92	01:16.86	
	00:37.92	00:38.94	
			

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 15-16			Heat:6, starttime: 09:35
Heat: 6/7 Lane : 2 Athlete: VAN DER MEEREN LOTTE			Q-time: 01:15:18
PB (50m pool): 01:16.46 Antwerpen 21/07/2024			PB (25m pool): 01:13.94 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:16.46	
	no time		
			

Coach feedback:

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Event number: 6: 100M BREASTSTROKE MEN 15-16			Heat:2, starttime: 09:41
Heat: 2/6 Lane : 8 Athlete: VERHASSELT LARS			Q-time: 01:39:43
PB (50m pool): 01:39.43 Antwerpen 13/07/2025			PB (25m pool): 01:33.15 SB: no time
	5 0 M	1 0 0 M	
PB	00:47.17	01:39.43	
	00:47.17	00:52.26	
			

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 15-16			Heat:5, starttime: 09:47
Heat: 5/6 Lane : 1 Athlete: PUTTAERT ARTHUR			Q-time: 01:21:43
PB (50m pool): 01:21.43 Mol 22/06/2025			PB (25m pool): 01:18.08 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.06	01:21.43	
	00:38.06	00:43.37	
			

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 15-16			Heat:5, starttime: 09:47
Heat: 5/6 Lane : 5 Athlete: VANSTECHELMAN LUCAS			Q-time: 01:18:41
PB (50m pool): 01:17.89 Aalst 20/12/2025			PB (25m pool): 01:12.73 SB: 01:17.89 Aalst 20/12/2025
	5 0 M	1 0 0 M	
PB	00:36.72	01:17.89	
	00:36.72	00:41.17	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 17+			Heat:3, starttime: 09:58
Heat: 3/5 Lane : 8 Athlete: VAN DE VEIRE WANNES			Q-time: 00:59:81
PB (50m pool): 00:59.85 Antwerpen 16/07/2023			PB (25m pool): 00:57.00 SB: no time
	5 0 M	1 0 0 M	
PB	no time	00:59.85	
	no time		
			

Coach feedback:

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Event number: 9: 50M BREASTSTROKE WOMEN 15-16		Heat:3, starttime: 10:05
Heat: 3/6 Lane : 4 Athlete: DE PRATER JUNO		Q-time: 00:42:40
PB (50m pool): 00:42.40 Seraing 26/01/2025		PB (25m pool): 00:40.95 SB: no time
	5 0 M	
PB	00:42.40	
	00:42.40	
		

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 15-16		Heat:4, starttime: 10:06
Heat: 4/6 Lane : 5 Athlete: VANDE GHINSTE AMBER		Q-time: 00:40:35
PB (50m pool): 00:40.35 Seraing 26/01/2025		PB (25m pool): 00:38.48 SB: no time
	5 0 M	
PB	00:40.35	
	00:40.35	
		

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 15-16		Heat:4, starttime: 10:06
Heat: 4/6 Lane : 6 Athlete: NSUBUGA SOFIA		Q-time: 00:40:74
PB (50m pool): 00:39.38 Molenbeek 18/02/2024		PB (25m pool): 00:37.68 SB: no time
	5 0 M	
PB	00:39.38	
	00:39.38	
		

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 15-16		Heat:5, starttime: 10:07
Heat: 5/6 Lane : 4 Athlete: FRANCKX MARGAUX		Q-time: 00:38:54
PB (50m pool): no time		PB (25m pool): 00:38.54 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

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Event number: 9: 50M BREASTSTROKE WOMEN 15-16			Heat:6, starttime: 10:08		
Heat: 6/6 Lane : 4 Athlete: VAN DER MEEREN LOTTE			Q-time: 00:35:77		
PB (50m pool): no time			PB (25m pool): 00:35.77 SB: no time		
	5 0 M				
PB	no time				
	no time				
					

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 15-16			Heat:2, starttime: 10:11		
Heat: 2/5 Lane : 6 Athlete: VERHASSELT LARS			Q-time: 00:35:76		
PB (50m pool): no time			PB (25m pool): 00:35.76 SB: no time		
	5 0 M				
PB	no time				
	no time				
					

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 15-16			Heat:3, starttime: 10:12		
Heat: 3/5 Lane : 2 Athlete: TRONCKOE KOBE			Q-time: 00:33:31		
PB (50m pool): 00:33.31 Seraing 26/01/2025			PB (25m pool): 00:31.33 SB: no time		
	5 0 M				
PB	00:33.31				
	00:33.31				
					

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 15-16			Heat:3, starttime: 10:12		
Heat: 3/5 Lane : 8 Athlete: PUTTAERT ARTHUR			Q-time: 00:34:22		
PB (50m pool): 00:34.22 Seraing 26/01/2025			PB (25m pool): 00:31.77 SB: no time		
	5 0 M				
PB	00:34.22				
	00:34.22				
					

Coach feedback:

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Event number: 10: 50M BUTTERFLY MEN 15-16		Heat:5, starttime: 10:14
Heat: 5/5 Lane : 7 Athlete: VANSTECHELMAN LUCAS		Q-time: 00:28:82
PB (50m pool): 00:38.40 Sint-Jans-Molenbeek 19/02/2023 PB (25m pool): 00:28.82 SB: no time		
	5 0 M	
PB	00:38.40	
	00:38.40	
		

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 17+		Heat:5, starttime: 10:19
Heat: 5/5 Lane : 2 Athlete: CIOBANU ANASTASIA		Q-time: 00:27:58
PB (50m pool): 00:27.58 Antwerpen 27/07/2025 PB (25m pool): 00:27.14 SB: no time		
	5 0 M	
PB	00:27.58	
	00:27.58	
		

Coach feedback:

Event number: 12: 50M BACKSTROKE MEN 17+		Heat:4, starttime: 10:24
Heat: 4/6 Lane : 1 Athlete: VAN DE VEIRE WANNES		Q-time: 00:32:39
PB (50m pool): 00:34.88 Antwerpen 16/07/2023 PB (25m pool): 00:32.39 SB: no time		
	5 0 M	
PB	00:34.88	
	00:34.88	
		

Coach feedback:

Event number: 17: 50M BUTTERFLY WOMEN 15-16		Heat:3, starttime: 11:17
Heat: 3/8 Lane : 8 Athlete: VANDE GHINSTE AMBER		Q-time: 00:40:97
PB (50m pool): 00:40.97 Mol 22/06/2025 PB (25m pool): 00:36.71 SB: no time		
	5 0 M	
PB	00:40.97	
	00:40.97	
		

Coach feedback:

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Event number: 17: 50M BUTTERFLY WOMEN 15-16		Heat:7, starttime: 11:22
Heat: 7/8 Lane : 5 Athlete: VAN DER MEEREN LOTTE		Q-time: 00:31:67
PB (50m pool): no time		PB (25m pool): 00:31.11 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 18: 50M BACKSTROKE MEN 15-16		Heat:4, starttime: 11:28
Heat: 4/4 Lane : 1 Athlete: PUTTAERT ARTHUR		Q-time: 00:34:56
PB (50m pool): 00:34.56 Antwerpen 13/07/2025		PB (25m pool): 00:32.22 SB: no time
	5 0 M	
PB	00:34.56	
	00:34.56	
		

Coach feedback: